



EDEN HOUSE NEWS

ISSUE 1 | JULY 2024



This is our first newsletter in 3 years! It is long overdue and we hope that you enjoy it!

Over the past few months life at Eden House has been busy, fun and as always colourful. This is true in our gardens (see page 3), in the activities & occupation we hold (see page 2,3&4!) and especially true in the diversity and passion of our team. Each year we ask these amazing individuals to share the richness of their cultures with the residents at Eden House and recently, we have hosted a very colourful Africa Day and a sumptuous Canadian Day.

In June we held our annual fraternal (see page 2), with our studies led by Bro Andrew Bramhill. Each month during term-time we host the Christadelphian Home Schooling group. These fellowship and intergenerational activities greatly benefit both our residents and our community - young and old.

Alongside these events we have also been busy hosting and facilitating a varied program of activities. These include flower arranging, knit & natter, chat 4 chaps, hymn singing, piano recitals, coffee mornings, news circle and outings to local garden centres, cafes and shops! We also facilitate a number of therapeutic activities like tai-chi, yoga, music & movement and Namaste.

If you would like to support or participate in any of these activities, then make sure you are on our circulation list. Details are on page 4.

“ ... whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy - meditate on these things. ”
Phillipians 4:8

We are so thankful for all those that diligently help us with our faith-based activities at Eden House, but we need more volunteers and more support.

Are you able to give us an hour in an evening to lead the readings, or a few hours on a Sunday to lead our memorial service? If so, please get in touch. Details are on page 4.



EDEN HOUSE FRATERNAL GATHERING!

On Saturday the 15th June 2024, Eden House hosted their second Fraternal. Brother Andrew Bramhill spoke on the subject 'Let not your heart be troubled.'

We want to say thank you to everyone who was a part of the day: the kitchen team who prepared the Fraternal tea; our residents who baked cakes, presided & hosted; the maintenance team who worked to set everything up; the team on the day who helped our residents to connect with their faith; all those on the committee (residents & colleagues) who worked behind the scenes to make this day memorable and to brother Andrew for his uplifting & profitable talks.

The Fraternal started at 3.30pm and finished at 5pm. There were two exhortations, one titled 'I go to prepare a place for you,' and the second titled 'If I go, I will come again.' Both talks exhorted us to focus upon the assurance of the return of Christ .

“ Peace I leave with you, My peace I give to you: not as the world gives do I give to you. Let not your heart be troubled, neither let it be afraid. John 14:27 ”

Just over 100 people attended on the day and another 80 on zoom, the 'coffee shop' and 'foyer' were full. We used the 'blue lounge' as a quiet creche for parents and young children, the 'parrot lounge' for our residents living with dementia who needed a calm and supportive environment to engage with their faith and the 'stables lounge' for the ever so important Fraternal tea!

We want to extend the thanks to everyone who came and offered their support and to all those who gave generously to our collection for the day. We raised just over £300 for the Christadelphian Bible Mission charity.

It was such a delight to see everyone together, being of one mind and supporting our residents to fulfil their spiritual needs. We look forward to seeing you all at next year's Fraternal - we will share the date in the next newsletter.



HELPING HANDS

At Eden House, we are very richly blessed to have a wonderful and active group of volunteers. Our volunteers underpin the work of Eden House.

They are our **'helping hands'** in all manner of things; from helping out in the garden, supporting lunchtimes, facilitating activities, to fundraising, providing welfare support, presenting talks and taking residents to appointments and trips out.

On Thursday 6th June, we thanked all of our volunteers with a special buffet lunch. It was a small token of our thanks (1 Thes. 1:2-3) to these amazing people. It was an enjoyable afternoon together, sharing friendship, fellowship, stories and laughs.

If you are interested in supporting the necessary and rewarding work at Eden House by volunteering with us, then please do not hesitate to get in touch. Details are on page 4!



CELEBRATING FEEDBACK

“ In my role as a health professional I visit many care homes across Warwickshire; Eden House is by far the best! The home and the gardens are beautiful, the welcome is always lovely, you even get a cup of coffee to take-away. Above all the care, dedication and professionalism of the team is outstanding; they know the residents, they care about each person as a person and you can feel that the friendships and love is mutual. Eden House not only beats the 'Mums' test, it beats mine - when can I put my name down?! **”**

A BUSY TIME IN THE GARDEN

The garden team have been busy getting the grounds ready for the summer and we have also had a busy time with some colourful visitors.

This year we have grown our bedding plants from plug plants (tiny plants bought from a nursery and ready to grow on). This has proved a real success and has resulted in some very healthy bedding plants. These have now been planted out and we are looking forward to a colourful summer display.



We have also increased our use of perennial plants which, as the plants grow, will give longer seasons of interest and colour.

Of particular interest at the moment is the planting around our new pergola. Some of the Clematis have already reached the top and are starting to spread out over the framework. Also look out for our new Kniphofia (red hot poker) called 'Toffee Nose' opposite the coffee lounge and admire the beauty of our Acer recently planted near reception.

Whilst you are out enjoying the plants keep an eye out for one of our resident Foxes, Muntjack Deer or Sparrow Hawks. If you are really vigilant you may glimpse one of our more exotic visitors, these include Green Woodpeckers, Barn Owls, Green Parakeets, Holly Blue Butterflies and a Grey Heron.

Projects for the summer include a refurbishment of the water feature in the barn garden (the old one has started leaking) and erection of picket fencing in the area of the greenhouse to tidy the compost bin area and create a store for wheelbarrows and other larger equipment.

We are well blessed with beautiful gardens in which we can appreciate the wonder of nature. We thank all those who help maintain them, especially our volunteers who give freely of their time.

If you enjoy gardening there are always jobs to be done and we would welcome a few hours of your time. Please see page 4 on how you can help.

THINK ON THESE THINGS...

“having heard the word with a noble and good heart, keep it and bear fruit with patience...”

The gospel writer Luke is clear that Jesus had no rest from His preaching work. Many people constantly crowded around Jesus to hear what he had to tell them and to see the many wonderful miracles that he did.

In chapter 8, again in a crowd he tells them the parable of the sower. It is one of the few parables which Jesus then explains. In this parable, Jesus wants the people to understand the effective power of the Word on us, but only if we are receptive to it.

The different gospel writers use just slightly different words when recording this parable. When explaining how the seed (the Word) is received by the 'good ground', Matthew and Mark use "hear and receive" but Luke uses "keep" instead, and then adds, "and bring forth fruit with patience" (Luke 8:15).

Patience can be passive, i.e. putting up with the everyday things of this life without complaint (James 1:12) but it can also be active, i.e. being persistent, showing perseverance in well-doing (Romans 2:7).

Patience is a quality that should be seen in us, we need to be as 'good ground', a place where the Word can grow and be manifest to others by our example.

Have a look at how Peter put it in 1 Peter 2:19-24.



OTHER EVENTS....

Ecclesial Coffee Mornings

Each month we welcome members of local ecclesias for a coffee morning. Residents enjoy spending time with brothers and sisters they have known for many years and meeting new people over a cup of tea and slice of delicious cake. Members of ecclesias in Coventry, Leicester, Rugby and Nuneaton have recently got involved in running these mornings which everyone enjoys!



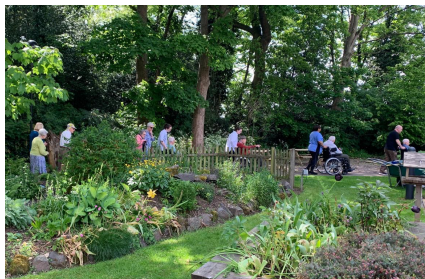
Walking for Alzheimer's Society

In May, each Christadelphian Care Home set a walking target to raise money for Alzheimer's Society.

At Eden House we aimed to walk the distance between all of the homes, from Gowanlea in Stirling, Scotland all the way down to Fair Haven in Bournemouth.

With many walks in our beautiful gardens, we walked a total of 238 miles! Not quite our target so we decided to carry on walking and in July we made it!

CCH raised £916 for the Alzheimer's Society. Thank you to everyone who joined our walk and donated to the cause.



HOW CAN YOU HELP?



Throughout this issue, we have been encouraging your support in the work at Eden House. Most people think this means a huge commitment, but honestly, anything you can give will be welcome and valued.

We need your support!

So, if you can spare some time, anytime, we would love for you to join our active volunteer group. We need your help in the following areas (and we are always open to new ideas!):

- Faith-based activities
- Running or supporting an activity
- Visiting
- Trips out
- Supporting lunch times
- Helping with appointments
- Gardening

If you are interested then call Eden House on **02476 884343** or email us through EdenActivities@cch-uk.com

DID YOU KNOW?

We have opportunities for respite stays and carer breaks, but you can also come to Eden House and join us for our activities, you can come and have lunch*, have your hair cut*, Chiropody*, and spend a morning with friends. Just pick up the phone and give us a call to find out more - or see details of events below (*a small cost may apply.)

CLASSIC CARS

Eden House Classic Car Show



Car Show Will Be Held

EDEN HOUSE

May **25TH** 2024

11AM - 1PM

THE SHOW WILL INCLUDE EXAMPLES OF CITROEN, MINI, MG, BMW, PORSCHE, MERCEDES AND JAGUAR.

Our classic care show in May was a real success. We had various 'classics' ranging from a Citroen 2CV to a MG.

The event attracted over 60 visitors, young and old, the weather was good and the day was enjoyed by all.

Highlights included open top car rides in a Mercedes soft top and the ever favourite event of how many people fit into a 2CV!

FUTURE EVENTS

to get on the circulation list email EdenActivities@cch-uk.com

Hymn singing - 11.00am

5th & 28th August, 2nd & 25th Sept

Knit & Natter/Chat 4 Chaps - 11.00am

Every other Tuesday from 6th August

Flower Arranging - 3.00pm

Every other Tuesday from 6th August

News Circle

12th & 26th August, 9th & 23rd Sept

**Sponsored Bike ride 14th September
Autumn Fair 26th October**